

## **Parent Child Interaction Therapy**

PCIT provides family counseling for children ages 2 up to age 8, who have experienced abuse or trauma and display challenging behaviors. You and your child will meet weekly for 60 minutes with a counselor who will coach you on specific strategies to help manage and decrease your child's challenging behaviors.

PCIT is known to DECREASE children's behavioral outburst and INCREASE a parent/caregiver's confidence it getting your child to follow directions.

"I now have a better understanding of how kids think and how my actions affect their behavior. I've learned that by spending special time with each of my children they realize how much I care."

For additional information, please contact Sarah Johnston, Treatment Services Case Manager at 859-538-1616 or Sarah.Johnston@familynurture.org.

## www.familynurture.org



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