



Parent Child Interaction Therapy

PCIT provides family counseling for children ages 2 up to age 8, who have experienced abuse or trauma and display challenging behaviors. You and your child will meet weekly for 60 minutes with a counselor who will coach you on specific strategies to help manage and decrease your child's challenging behaviors.

PCIT is known to DECREASE children's behavioral outburst and INCREASE a parent/caregiver's confidence in getting your child to follow directions.

“I now have a better understanding of how kids think and how my actions affect their behavior. I've learned that by spending special time with each of my children they realize how much I care.”

For additional information, please contact Sarah Johnston, Treatment Services Case Manager at 859-538-1616 or Sarah.Johnston@familynurture.org.

www.familynurture.org

