

Fall 2018



# nurture

Family Nurturing Center





"Change is more than a season at Family Nurturing Center; it's a call to action."

- Jane Herms



Dear Friends:

Change is in the air. Temperatures are dropping, leaves are turning, sweaters are replacing T-shirts.

Change is more than a season at Family Nurturing Center; it's a call to action. We change knowledge and attitudes with information and education. We change patterns of unhealthy choices and behaviors with new, healthy options and tools to implement them. We change feelings of despair and isolation with hope and community. We change conversations, moving difficult discussions from the darkness of shame to the light of day. In short, we change lives and community. [We are change-makers.](#)

Ironically, we create change with our consistency. Our consistent commitment to our values is on full display on the front cover, where staff members depict those qualities that describe Family Nurturing Center and our approach to service. Our steadfast belief is that people deserve to be treated with respect and dignity, and we work together to provide evidence-based solutions that empower people and create lasting change. Through it all, our dedication to ending the cycle of child abuse is constant. It is the catalyst for the dynamic, innovative work you see in this publication as we work together to create positive outcomes for children and families.

[Please join us in this important work. Like love, community, positivity and our other core values, it is something that knows no season.](#)

Warmly,

Jane Herms, MSW  
Executive Director

## BOARD OF DIRECTORS

### President

Cindy Spicker, MD  
Pediatric Associates

### Immediate Past President

Angie Gates  
DBL Law

### President-Elect

Paul Gelter  
PNG Consulting

### Secretary/Treasurer

Matthew McQueary  
Western & Southern

### Members

Brittany Bischoff  
Clark Schaefer Hackett

Jamahal C. Boyd, Sr.  
TriHealth

Jennifer Gessendorf  
The Christ Hospital

Shari Goldsmith  
Workplace Resilience

Lynda Hils Mathews  
Hillenbrand

Mark Noel  
Graydon

Dave Peterson  
The E.W. Scripps Co.

Tasha S. Turner  
The Kroger Co.

Teresa Vietor  
St. Elizabeth Healthcare

Beth Welter  
The E.W. Scripps Co.

### Emeritus

Mark Cawley  
Cawley Chiropractic

Kathy Collins

Victoria S. Fields

Nancy Grayson  
Horizon Community Funds of NKY

Steve Kimball  
Emersion Design, LLC

Tom Prewitt  
Graydon

Larry Savage

# TREATMENT PROGRAM:

## Menu of Services

*Family Nurturing Center offers a full range of evidenced-based interventions to meet the unique needs of children, families and adult survivors of abuse. All services are free of charge as dictated by federal funding. An intake is required before beginning any program. Call 859-538-1625 to schedule.*

### A.N.C.H.O.R. (Addressing Needs, Creating Hope, Optimizing Relationships):

- 10-week program serving school-aged children who have experienced trauma or negative life events.
- Participants meet during the school day among peers to develop coping skills, identify and understand feelings, determine effective ways to plan for safe and healthy futures, and increase self-esteem.
- The group setting promotes empowerment, inclusion, connection, and optimism for the future.

### Combined Parent Child Cognitive Behavioral Therapy:

- Individual and family counseling to help families who have experienced physical abuse or have a rigid parenting style.
- Attend weekly sessions that are 90 minutes in length.
- A counselor will meet with the parent individually and the child individually and work up to joint parent and child sessions.

### Parent-Child Interaction Therapy:

- Family counseling for children between the ages of 2 and 7 who have experienced abuse or trauma and display challenging behaviors.
- Attend weekly sessions that are 60 minutes in length.
- A counselor will coach parents on specific strategies to help manage and decrease the child's challenging behaviors while also strengthening the parent-child relationship

### S.O.A.R. (Survivors of Abuse Recovery):

- A 12-week program serving adults who are victims of sexual abuse.
- Participants follow a guided curriculum that is designed to help identify feelings, learn healthy coping skills and have a safe place to share their story.
- The program provides a solid foundation for healing and creates a safe and strong support system for all participants involved to increase overall functioning.

### S.P.A.R.K. (Sparkling Power And Resiliency in Kids):

- 12-week program serving children ages 4-18 who have experienced trauma, their siblings, and parents/caregivers.
- Participants meet in a group setting among peers to understand how trauma has impacted them, to develop coping strategies to build resiliency, and empower one another to have healthy and safe futures.
- The sibling and parent/caregiver groups work simultaneously using a trauma-focused model to process the traumatic experience, learn effective family communication skills, and better understand the disruption that traumatic experiences can have on daily life.
- The program provides a solid foundation for healing and creates a safe and strong support system for all participants involved.

### Trauma Focused Cognitive Behavioral Therapy:

- Individual and Family Counseling to help children ages 3 through 17 with a history of abuse or trauma.
- Attend weekly sessions that are 60 minutes in length.
- A counselor will meet with the child individually each week to process and cope with the trauma.
- TF-CBT includes parent sessions in which the counselor can meet with the parent individually and/or with the child to ensure the parent/caregiver is part of the healing process as well.





# BLUE RIBBON BASH

## *To End Child Abuse*

Many, many thanks to everyone who joined with Family Nurturing Center for the 24th annual Blue Ribbon Bash!

An incredible number of guests, sponsors, auction items and donors made it possible for us to raise a record \$83,000 for Family Nurturing Center and the child abuse treatment, prevention and education services that we provide to thousands of Greater Cincinnati children and families impacted by abuse and neglect.

This year we were excited to have motivational speaker Derek Clark, otherwise known by millions of followers on his YouTube channel as “The Rapping Dad.”

Derek Clark knows first-hand the power of attitude in coping with adversity and overcoming hardship. At five years of age, Derek’s mother and stepfather (his biological father was in prison) abandoned him at a psychiatric hospital. He was turned over to the California foster



Congratulations to Lisa Knutson, executive vice president and chief financial officer for the E.W. Scripps Company. We’re proud to recognize Lisa for her long history of generosity, civic engagement and volunteer leadership at Family Nurturing Center and numerous other organizations, working to make Greater Cincinnati a great place for children and families to thrive.



care system, where he would spend the next 13 years of his life contending with rejection, humiliation, emotional distress and overwhelming anxiety. Yet through it all, Derek never gave up. Derek’s remarkable story is one of resilience and redemption, from his personal to professional life.



*Thank you to our corporate leaders who supported the Blue Ribbon Bash:*

### Impact



### Technology



### Platinum Sponsor



### Gold



### Silver





# Family Nurturing Center Expands Management Team

Family Nurturing Center is expanding and reorganizing our senior management team to better meet the needs of our clients and staff. These changes will help our directors to spread the workload and ensure that there is adequate time and attention to planning, program development and program improvement. The most notable change in our organizational structure is to no longer separate our many programs into Prevention and Treatment.

“Each one of our programs has its own unique strengths and challenges. But when it comes right down to it, our programs have more in common than differences,” said Jane Herms, executive director. “All of our programs are based on

the foundations of the Nurturing Parenting philosophy and Trauma Informed Care. Family Nurturing Center holds the values of treating individuals with respect and dignity, using evidence based programs or promising practices, showing measurable improvement and a commitment to continuous learning across programs and services. These are our core beliefs.”

These changes are in keeping with our 2017-19 Strategic Plan which includes a goal to ‘Right size structure, position focus and workloads, including identification of new positions.’



**Jill Gay,  
Director of Programs  
and Services, KY**

Jill Gay will move into her new role as Director of Programs and Services for KY based programs. Jill led the growth of the Visitation and Parent Enrichment Services programs and was instrumental in our trauma responsive approach to services and work culture. We are grateful for her

leadership and impact on Ohio based services, and excited for her to be able to focus on our growing KY services.’



**Matthew Purkey,  
Director of Programs  
and Services, OH**

Matthew Purkey just started with Nurturing Center in September. Matthew has an impressive background that includes serving in the United States Marine Corps, leading the United Way of Northeast Georgia as President and CEO, and working as a financial manager for

the Air Force. He has a Master of Human Services degree in leadership as well as extensive specialized training. More than his education or experience, the interview committees were impressed with his energy, passion and commitment to serving families.



**Paul Miller,  
Director of Donor  
Relations**

After a successful 30 year sales and marketing career, Paul left his corporate job ten years ago to begin a new life path in non profit fundraising and leadership. He has over 20 years of non profit experience through his board

service on several agencies in Northern Kentucky.

Paul relates, “I knew about Family Nurturing Center from my years as a board member and working at DCCH. While our programs are different, the goal is the same. There is no more important mission than ending child abuse. I am thrilled to be part of the great team of people here.”



**Carol Lapin,  
Director of Training**

Carol Lapin will move to her new role as Director of Training. For nearly 20 years, Carol has been teaching, training, and sharing the philosophy and skills of the Nurturing Parenting Programs for adults, children and adolescents across the country. She is nationally recognized as a Trainer/Consultant in Nurturing Parenting

and Nurturing Fathers. In 1998, she received the recognition of Dr. Stephen Bavolek, principal author of the programs, as a National Trainer of Trainers in the Nurturing Parenting Programs.

## Child Victims' Trust Fund

Kentucky Attorney General Andy Beshear presented a check for \$56,000 from the Child Victims' Trust Fund to Family Nurturing Center for funding of the Stewards of Children program.



The Child Victims' Trust Fund is administered through the State Child Sexual Abuse and Exploitation Prevention Board. Funds come solely from the tax refund check-off program, the "I Care About Kids" license plate program, and private donations. The fund supports abuse prevention and education programs across the state, as well as providing the portion of child sexual abuse exams not covered by Medicaid or private insurance.

A check presentation ceremony was hosted at the Graydon law firm who has a long history of sponsorship support for Family Nurturing Center and volunteer board leadership including current member Mark Noel and Emeritus member Tom Prewitt.

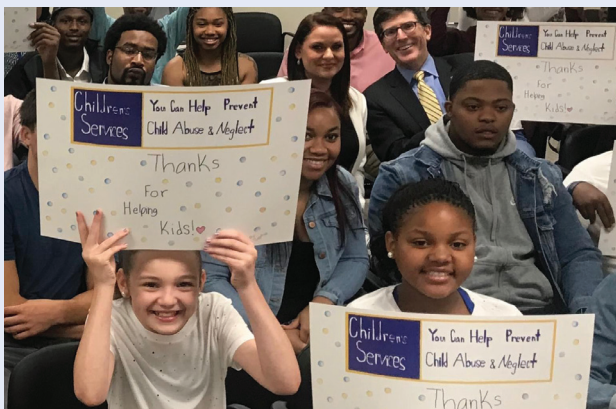


Executive Director Jane Herms accepts a check for \$56,000 from KY Attorney General Andy Beshear.

## Children's Services Levy, Hamilton County

This November, there is one issue that business, religious and community leaders all agree voters in Hamilton County should support – the Children's Services levy, which helps protect children from abuse and neglect. Family Nurturing Center provides Visitation services through a contract with Hamilton County Jobs and Family Services and served 2,418 individuals this past fiscal year.

An independent, three-year review of local operations and finances supporting the communities' most vulnerable children confirmed that Hamilton County must increase supportive services that are helping to reduce childhood trauma.



**Vote FOR  
Children's  
Services #9**

Your support for the 2018 Children's Services levy helps abused and neglected children in Hamilton County. Your vote helps keep kids safe in their homes, with a family member or in foster care.

### *The levy by the numbers:*

- The Hamilton County Children's Services levy, which started in 1981, has not increased since 1996.
- The levy will generate about \$37 million per year to help abused and neglected children.
- A homeowner's property taxes will increase by \$69, or less than \$6/month, for every \$100,000 of home market value.
- In 2017, the levy helped more than 20,000 local abused and neglected children.

[www.VoteForChildren.org](http://www.VoteForChildren.org)



## Thank You to Our Playground Hero's

Being a kid is hard. Being a kid in foster care is harder. But thanks to the generosity of so many friends of Family Nurturing Center we raised more than \$6,500 to support the relocation and expansion of our playground at our Cincinnati Office location.

A special thank you to the staff at the National Youth Advocate Program, Inc. (Region South) for hosting a Penny War fund raiser, and to Coventry Cares for their generous grant to support our playground.



Coventry Cares



National Youth Advocate Program

## L-A Stopa, Prevention Coordinator

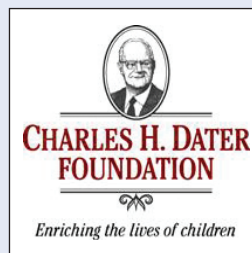


Family Nurturing Center welcomes L-A Stopa as our new Prevention Coordinator for the Stewards of Children program. Stewards of Children is a revolutionary prevention program designed to teach adults to prevent, recognize and react responsibly to child sexual abuse. It uses real people and real stories to show you how to protect children. The framework

of the training is built off the foundation of The 5 Steps to Protecting Children.

L-A is a seasoned sales veteran with 25 years of experience who decided to use her gift of gab to raise money and awareness for organizations doing great things. In 2015 she started Wig Out, LLC, a mobile wig and hair loss support service for women experiencing medical hair loss. She is delighted to find herself at Family Nurturing Center and can't wait to hit the road marketing Stewards of Children and educating adults on the role that we all must play to keep children safe.

## Funder Spotlight: Charles H. Dater Foundation



Since 1985, The Charles H. Dater Foundation has been making grants to non-profit organizations in the Greater Cincinnati area to carry out projects that benefit children in the areas of arts/culture,

education, healthcare, social services and other community needs. The Dater Foundation currently funds the Kids on the Block program at Family Nurturing Center, which annually gives more than 27,000 school children and their teachers the skills they need to recognize, resist, and report child abuse.

"We're pleased to make our fourth grant to Family Nurturing Center for its Kids on the Block program," said Bruce A. Krone, President of the Charles H. Dater Foundation. "Bullying and child abuse are two critical issues affecting the lives of too many young people. This program delivers important messages with high impact, and it does it very cost effectively."

Charles H. Dater died in 1993 at age 81. He had no sons or daughters, and when he was doing his estate planning back in the early 1980's the idea of establishing a foundation was something that really appealed to him. Today, the Charles H. Dater Foundation is one of the largest in the area, awarding over \$45 million dollars in grants since its inception.

"Happy! Grateful! Inspired!," Those are just a few of the words that Autumn Caldwell, lead puppeteer for the Kids On the Block program said when she learned of the Dater Foundation's generosity.

"The Dater Foundation touches the lives of the children and teachers we serve through their support of Family Nurturing Centers' innovative and effective child abuse prevention education programs," added Caldwell.





8275 Ewing Blvd.  
Florence, KY 41042

[www.familynurture.org](http://www.familynurture.org)

Non-Profit Org.  
U.S. Postage  
**PAID**  
Cincinnati, OH  
Permit No. 1611

## PROGRAMS

**Child Abuse Treatment Services** – Specialized trauma-informed therapy for child victims of abuse: sexual, physical, domestic violence, emotional/neglect and other violent crimes. These free programs include individual and family counseling, social and healthy coping skills groups, and therapeutic groups for child sexual abuse victims.

**Community Education and Training** – Specialized fee-based training programs and seminars covering topics such as parenting, child development, child abuse recognition and reporting, impacts of abuse, the nurturing philosophy and more.

**Every Parent's Library** – A free parenting video lending service for expectant parents and parents with children ages birth to 2 years. Each video will provide parenting advice from the experts for developing parenting skills, ways to reduce stress and methods to improve your child's health.

**Kids on the Block** – Child abuse education and awareness program using life-size puppets in local elementary schools and community events. This free traveling puppet troupe gives children the tools they need to recognize, resist and report child abuse.

**Nurturing Parenting Programs** – Family-based parenting education programs proven to help families develop healthier, stronger relationships. A variety of curricula are available including programs for parenting of infants and toddlers, school age and adolescent children as well as the Nurturing Fathers Program. These free programs are provided in Boone, Campbell and Kenton counties.

**S.O.A.R.** (Survivors of Abuse Recovery) – Serving adults who have experienced childhood sexual abuse victimization. This weekly program is available to men and women.

**Stewards of Children** – Public education program designed to educate adults on how to prevent, recognize and respond responsibly to child sexual abuse. This free program is available to private and public agencies, schools, law enforcement, clergy and parents.

**Visitation** – Supervised visitation promotes healthy relationships between children and non-custodial parents. Our Facilitated Visitation programs occur in our Hamilton County location for families referred by Hamilton County Jobs and Family Services.

Most direct service programs are offered at donated sites across Greater Cincinnati. Strong community support, a dedicated staff and the spirit of volunteerism allow this agency to provide quality programs in a very cost-effective manner. Many Family Nurturing Center services are offered free of charge. Please call (859) 525-3200 for more information.

## STAFF

### ADMINISTRATIVE

Jane Herms, MSW, Executive Director  
Ashley Jackson, Director of Finance  
Tracy Klink, Director of Marketing & Special Events  
Carol Lapin, MSSW, Director of Training  
Paul Miller, Director of Donor Relations  
Bobbie Webster, SHRM-SCP, Director of Human Resources/Operations  
Jessica Fletcher, Payroll Analyst  
Edie Furtado, Human Resources /Operations Assistant  
Hannah Barker, Receptionist/Administrative Assistant

### KENTUCKY SERVICES

Jill Gay, LISW-S, LCSW, Kentucky Director of Programs and Services

### Prevention Services

Ashley Dunn, MSW, Prevention Services Coordinator  
Autumn Caldwell, Prevention Specialist, Kids on the Block  
L-A Stopa, Prevention Specialist, Stewards of Children  
Whitney Szabo, Kids on the Block Puppeteer

### Treatment Services

Lori Daley, CSW, Child Abuse Treatment Services Therapist  
Kim Fussinger, LPCA, Child Abuse Treatment Services Therapist  
Carly Meier, CSW, Child Abuse Treatment Services Case Manager  
Sarah Johnston, Child Abuse Treatment Services Case Manager

### OHIO SERVICES

Matthew Purkey, MA, Ohio Director of Programs and Services

### Parent Enrichment Services

Alisha Broughton, MSW, LSW, Clinical Supervisor  
Robin Mulcahy, Family Engagement Specialist  
Carley Storer, MSW, LSW, Clinical Specialist

### Visitation Services

Maggie Spring, LISW-S, Visitation Program Coordinator  
Terri Shelton, MA, Information Specialist

Jaimie Hamlet, LISW, Clinical Facilitator  
Rachel Heck, LISW, Clinical Facilitator  
Rachel Stone, MA, Clinical Facilitator  
Trisha Frazier, Intake Specialist  
Bridget Shaefer, MSW, LSW, Intake Specialist  
Michael Perry, Floor Supervisor  
Christie Sadler, Floor Supervisor  
Amanda Campbell, Senior Facilitator  
Chris Deering, Senior Facilitator  
Erika Salter, Senior Facilitator  
Jeremia Sams, Senior Facilitator  
Lindsey Barnett, Facilitator  
Jessica Bellman, Facilitator  
Jeff Clare, Facilitator  
Jordyn Cook, Facilitator  
Tony Cook, Facilitator  
Sheena Deering, Facilitator  
Daniel Fadeley, Facilitator  
Dwayne Fowler, Facilitator  
Anna Friedman, Facilitator  
Tara Goswick, Facilitator  
Jodi Haley, Facilitator  
Diamond Hall, Facilitator  
Allison Haviland, Facilitator  
Victoria Hitchens, Facilitator  
Michelle Howard, Facilitator  
CaSandra Kopaceski, Facilitator  
Jacquelin Martin, Facilitator  
Empress Minnifield, Facilitator  
Malika Reeves-Lawal, Facilitator  
Maddie Schutte, Facilitator  
Janet VanNuland, Facilitator  
Meredith Williams, Facilitator  
Haley Woliver, Facilitator  
Megan Bertram, Case Aide  
Debbie Hutchinson, Case Aide  
Kathryn Manning, Case Aide  
Emily Offenbecker, Case Aide  
Jaelin Wilkerson, Case Aide  
Sally Woods, Case Aide  
Emily Hackett, Visitation Program Assistant  
Allyson Weil, Visitation Program Assistant

