

Spring 2018



# nurture

Family Nurturing Center





"There is a hero hidden in all of us. We all have the responsibility to end the cycle of child abuse. At the end of the day, the action you take or fail to take is what counts."

- Tasha Turner  
Child abuse survivor



Jane Herms, Executive Director

Dear Friends,

Who are your heroes? We can all point to those iconic figures in history – Martin Luther King, Neil Armstrong, Serena Williams, Steve Jobs or Taylor Swift. And certainly they deserve our recognition for their great contributions to our world. But when I think about those people who have impacted my life most, they don't tend to have fame or fortune attached. They are my parents, who sacrificed, demonstrated integrity and instilled the value of doing what is right over what is easy. It was my 7th grade teacher, Marian Rehtin, who saw my gifts and took the time to build my confidence. It's my husband and children, who love and support me when I need it the most, and sometimes deserve it the least. They are the board and staff at Family Nurturing Center, who work every day to end the cycle of child abuse. Everyday heroes are all around us.

[This newsletter is packed with heroes.](#)

Tasha Turner, a board member and abuse survivor, spoke at our annual Blue Ribbon Ceremony and courageously shared her story, breaking the silence that protects perpetrators and permeates abuse. Her story impacted everyone there and caused some to come forward with their own stories. Tasha is a hero.

There's Tom Gill and Phillip Gill. Community leaders who give of their time, talent and treasure to raise awareness of child abuse, and raise funds to end it. Tom and Phillip are heroes.

There's the members of Kappa Delta at NKU, who put their leadership into action and held a 5k Color Run (in the pouring rain), and contributed more than \$20,000 to local and national child abuse prevention efforts. Those young women are heroes.

And there are the people on the cover of this newsletter – public servants and elected officials, clergy, business leaders, educators, social workers, teachers, parents and more – coming together to stand up for children. These people are heroes – every day heroes, making a difference every day.

You can be a hero for children. Learn more inside, or even better, plan a visit to one of our centers to find out how you can put your superpowers – knowledge, empathy, time, kindness - to use for a child.

Warmly,

Jane Herms, MSW  
Executive Director

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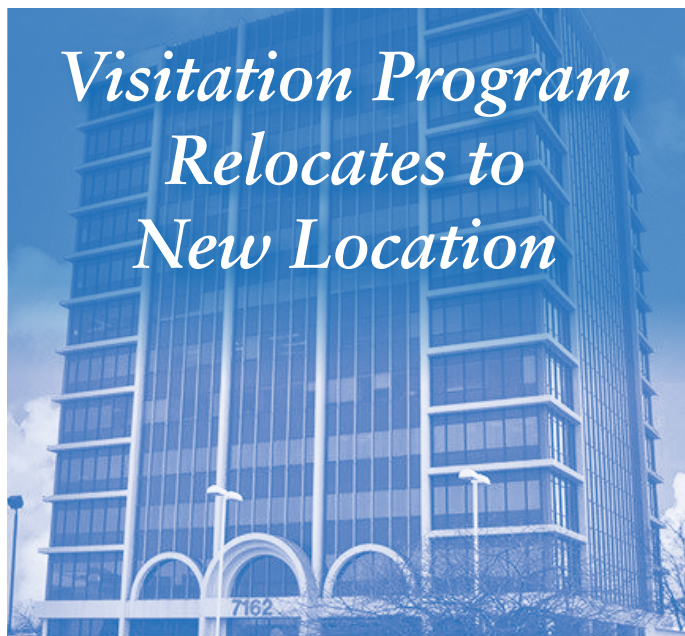
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## Visitation Program Relocates to New Location



**7162 READING ROAD, CINCINNATI, OH 45237**

Family Nurturing Center's Visitation Program provides an essential opportunity for children in the child welfare system to visit with birth families in a safe, supervised setting and build skills needed to enhance healthy family functioning. Our visitation model allows family members to visit in family-friendly environments where they experience respect and encouragement and provide individualized experiences based on the strengths and struggles of each family. It promotes safe and healthy family interactions designed to minimize trauma and increase healthy relationships. While traditional supervised visitation services provide a neutral, objective and third party account of interactions, facilitated visitation is a hands-on approach that helps parents increase skills and develop stronger family relationships. The Visitation Facilitators are "active helpers" and provide coaching, modeling, intervention and feedback to support the families throughout the visitation process.



What began as a pilot program in 2007 has grown to be a signature service, providing more than 1,600 visits per month at our facility and in home and community settings. When we learned that the building we rented in Queensgate was being torn down, we had no choice

but to find new space. This was a significant challenge since we needed nearly 20,000 square feet, onsite parking and access to an outdoor play - all on a tight budget. After months of looking, we found the perfect space to accommodate our continued growth and need for a new facility, centrally located in Hamilton County on Reading Road. In typical Family Nurturing Center fashion, staff pulled together to do the impossible. They spent their holidays moving, packing and unpacking to meet an aggressive timeline and limit any disruption of services.

The new facility boasts 33 percent more space and includes visitation rooms, counseling rooms, a large training room and areas to offer parent education services. The building is on a bus line and has multiple other nonprofit tenants in the building, allowing our clients access to other essential resources like Catholic Charities/Su Casa and Greater Cincinnati Behavioral Health.

From the lobby to the visitation spaces, the new facility provides bright, welcoming spaces. We offer areas for visitation that respect privacy, along with indoor and outdoor play areas for fine and gross motor development, dramatic play and craft areas, a book nook and a family kitchen area to prepare or enjoy a snack together.

We are grateful to the Scripps Howard Foundation, The Carol Ann and Ralph V. Haile, Jr./US Bank Foundation, and the Ohio Valley Foundation through the Fifth Third Bank Foundation for their financial support of the move, along with Toyota Motor Engineering & Manufacturing North America and the Kroger Company for their generous in-kind support and donations of work stations, office furniture, office supplies and more. We are still seeking donations to install a playground for families to enjoy. To join our generous corporate and foundation leaders in supporting the costs, please contact Jane Herms at 859-538-1612.

### WE NEED EVERY DAY HEROES TO HELP US BUILD A PLAYGROUND

Being a kid is hard. Being a kid in foster care is harder. Some of these children face immeasurable hurdles. You can be a hero for these children to help them feel safe, have fun and laugh like they don't have a worry in the world.

How? By donating to Family Nurturing Center's new playground fund. Your gift of any amount is guaranteed to put a smile on more than 1,300 children's faces and give them happy memories during a difficult time.



[www.gofundme.com/everydayheroesbuildaplayground](http://www.gofundme.com/everydayheroesbuildaplayground)

# BLUE RIBBON CAMPAIGN

*April is Child Abuse Prevention Month*



A hero is defined as someone who can be looked up to for their actions. Bravery is usually the biggest trait of a hero. This person has usually overcome huge obstacles to survive or to rescue others. Tasha Turner definitely meets that criteria. She is a hero.

Tasha was the featured speaker at the 2018 Blue Ribbon Ceremony to kick off April as Child Abuse Prevention Month. The annual ceremony was once again hosted at Tom Gill Chevrolet in Florence. Tasha bravely shared her story as a survivor of childhood abuse in front of a crowd of 200 guests..

"It takes great courage to speak in front of people but particularly to share such a personal and painful story," said Jane Herms, executive director for Family Nurturing Center. "While everyone was moved, some may have been more personally impacted finding solidarity in the journey of other adult survivors of childhood abuse. Tasha has become their hero," Jane added.



Tasha grew up in a world where her father controlled every aspect of her life – both mentally and physically. Her first memory of being sexually abused was when she was 3 years old. Waking up from discomfort, unsure of what was happening but told by her father to "lay still". "This stillness was the beginning of many still moments in my life," said Tasha.

Tasha told the crowd, "Had only my schools showed me the Kids on the Block puppet program offered by Family Nurturing Center, I would have been able to recognize, resist and report such abuse." Had her father's girlfriend taken the Stewards of Children training she would have known how to report the abuse when Tasha told her of the father's actions.

But Tasha found heroes in her life. The work supervisor who helped Tasha and her sister escape. The friend who took her in, knowing she had nothing to give back. Her husband who worked to gain her love and trust and now raise children together. And most importantly, Tasha became her own hero.

**"I could have easily fallen into the trap of being a victim by doing drugs, alcohol or abusing others, but I didn't," said Tasha. "I became my own hero."**

There are 42 million survivors of sexual abuse in the U.S., and 90 percent of those survivors knew their abusers. It is estimated that 60 percent of sexually abused children never tell anyone.

"There is a hero hidden in all of us," Tasha said. "We all have the responsibility to end the cycle of child abuse. At the end of the day, the action you take or fail to take is what counts. You have the power to change, fight and influence to change others. Be a hero."

## *Ways you can be a hero for children:*



- Learn the indicators of abuse and neglect.
- Reach out to a struggling family in need.
- Talk to a child in your life about sexual abuse and go beyond Stranger Danger.
- Take a Stewards of Children training.
- Report your suspicions of abuse or neglect to the authorities.
- Teach your child the proper names for private body parts.
- Ask if Kids on the Block has been to your child's elementary school.



## 2018 EMPLOYEE OF THE YEAR AWARDS



Congratulations to our 2018 Employees of the Year: Kristie Kelly, Autumn Caldwell and Erika Salter.

Family Nurturing Center offers more than a place to work. We provide a place for people to put their passion to work – to make a difference in the lives of others, and to build not only a stronger organization, but also a stronger community.

Annually our agency recognizes employees for the Nurturer of the Year award. Recipients are nominated by staff and selected by an independent committee of board members, volunteers and staff. They are chosen because of their outstanding work and demonstrated characteristics of: Living the Mission; Impact; Nurturing; Change Agent; Leadership; Culture; and Trauma Informed.



Executive Director Jane Herms helped to honor Kentucky State Representative Addia Wuchner along with Leisa Schulz, Superintendent of Schools- Archdiocese of Louisville, and Keith Inman, President of Kosair Charities for being a hero for Kentucky's children at the Face It annual meeting.



Cary Graham and Theresa Vietor from St. Elizabeth Healthcare, a corporate sponsor and community program partner, tie blue ribbons along the white fence at Tom Gill Chevrolet where they hung for the entire month of April.



Volunteers from Cummins Filtration in Richwood hung up blue ribbons all along Ewing Boulevard and Mall Road in Florence as a reminder to thousands of commuters that April is Child Abuse Prevention Month.



Congratulations to Alaynah Beard, a 5th grade student at Southern Elementary in Pendleton County, as the winner of the 2018 Children's Art Contest. Alaynah's artwork entitled, "Bee a Hero" was turned into a poster and displayed on the inside of all T.A.N.K. buses in Northern Kentucky.

*Thank you to the following for helping to keep kids safe.*

### Presenting Sponsor



### Platinum Sponsors



### Gold Sponsors



### Associate Sponsors

Leadership NKY Alumni  
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Prevent Child Abuse Kentucky

## FAMILY NURTURING CENTER ENCOURAGES SIMPLE ACTIONS TO HELP KEEP CHILDREN SAFE

The Child Victims' Trust Fund (CVTF) is administered through the State Child Sexual Abuse and Exploitation Prevention Board. CVTF funds come solely from the tax refund check-off program, the "I Care About Kids" license plate program and private donations. The Fund supports abuse prevention and education programs across the state, as well as providing the portion of child sexual abuse exams not covered by Medicaid or private insurance.

## TWO SIMPLE WAYS THAT KENTUCKY RESIDENTS CAN HELP:

### 1.) Check Off Box on State Tax Returns

Contributions to this fund finance local programs designed to prevent the sexual abuse and exploitation of children. This fund is administered through the Kentucky Attorney General's Office and relies solely on the tax-deductible contributions made by interested citizens.

### 2.) Purchase the "I Care About Kids" License Plate

Select the colorful "I Care About Kids" license plate at your local county clerk's office the next time you renew. Proceeds from the "I Care About Kids" license plate go the Child Victims' Trust Fund for helping Kentucky's most vulnerable children - those who are victims of sexual abuse. CVTF provides support for the Stewards of Children program offered through Family Nurturing Center. Stewards of Children is a revolutionary prevention program designed to educate adults on how to prevent, recognize and respond to child sexual abuse. Trainings are offered free of charge in Northern Kentucky.



For more information on CVTF, call (502) 696-5312 or visit the Kentucky Attorney General's web site [www.ag.ky.gov](http://www.ag.ky.gov)



## Blue Ribbon Bash TO END CHILD ABUSE

It's BIG. It's BLUE, and it will be a BASH! Family Nurturing Center will host the 24th annual Blue Ribbon Bash on Friday, Aug. 24, at the Cincinnati Airport Marriott.

All proceeds from the Bash benefit Family Nurturing Center and the child abuse treatment, prevention and education services that we provide to thousands of Greater Cincinnati children and families impacted by abuse and neglect. Doors open at 7 p.m. and the Bash doesn't end until 11 p.m. The first hour is open bar, and we will serve heavy hors d'oeuvres all night long with a special sweet treat late-night dessert.



During the Blue Ribbon Bash, Family Nurturing Center will honor Lisa Knutson, executive vice president and chief financial officer for the E.W. Scripps Company. Lisa has a long history of generosity, civic engagement and volunteer leadership at Family Nurturing Center and numerous other organizations, working to make Greater Cincinnati a great place for children and families to thrive.

Family Nurturing Center welcomes new board member Beth Welter with the E.W. Scripps Company to serve as Chair of our Volunteer Planning Committee.

*"Here in Greater Cincinnati, our children deserve a life full of love and safety, not one filled with neglect and violence. Family Nurturing Center's sole mission is to end this cycle of abuse and provide resources and tools to allow our kids to be kids."*

*- Beth Welter, Chair, Volunteer Planning Committee*

This year we are excited to have motivational speaker Derek Clark, otherwise known by millions of followers on his YouTube channel as, "The Rapping Dad". Derek Clark knows first-hand the power of attitude in coping with adversity and overcoming hardship. At five years of age, Derek's mother and stepfather (his biological father was in prison) abandoned him at a psychiatric hospital. He was turned over to the California foster care system, where he would spend the next 13 years of his life contending with rejection, humiliation, emotional distress and overwhelming anxiety. Yet through it all, Derek never gave up. He went from victim to victor by defying the artificial limitations imposed on him. He literally took a disadvantage in life and turned it into an advantage. Derek's remarkable story is one of resilience and redemption, from his personal to professional life.



The Blue Ribbon Bash also will include one of the region's biggest and best silent auctions with bidding done through our mobile bidding app. We're also pleased to welcome back the incredible 'roots rock' sounds from the band Swampthang.

*Tickets for the Blue Ribbon Bash can be purchased at [www.familynuture.org](http://www.familynuture.org)*

To join these corporate leaders at the Blue Ribbon Bash, contact 859-538-1630 for sponsorship details.

### Impact



### Platinum Sponsors



### Gold Sponsors

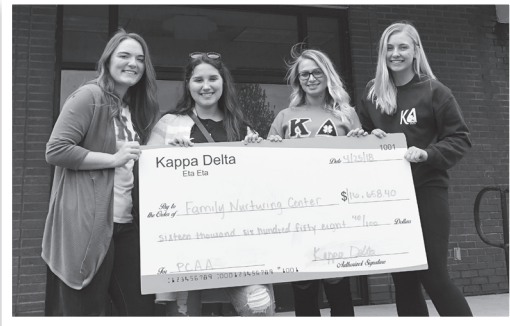


### Silver Sponsors





## Thank You to Our Friends



### Kappa Delta, Eta Eta Chapter

Thank you members of the Kappa Delta, Eta Eta Chapter from NKU who, despite bad weather, outdid themselves raising more than \$17,000 for Family Nurturing Center at the annual Color Me KD 5k.



### Girl Scout Silver Award Project

Thank you Lauren Rawlins for donating the individually packed craft kits as part of your Girl Scout Silver Award project. The kits are used at parenting groups, for child abuse treatment services and vistingation programs.

### Bircus Brewing

Thank you to Bircus Brewing Company in Ludlow for the funds they raised for our Blue Ribbon Campaign in April as Child Abuse Prevention Month.

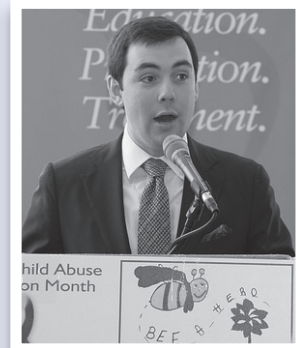


### Scripps Howard Foundation

Thanks to our friends at the Scripps Howard Foundation and the Scripps "If You Give a Child a Book ..." literacy campaign, more than 8,000 books were donated to the children attending our Visitation Program.

## Funder Spotlight:

### Tom Gill Chevrolet



### Tom and Phillip Gill: Creating Generational Philanthropy

For more than a decade, Tom Gill, owner of Tom Gill Chevrolet, has generously opened up his dealership to host Family Nurturing Center's annual Blue Ribbon Ceremony to kick off April as Child Abuse Prevention Month in our region. A successful business leader and very busy person, Mr. Gill takes time out his daily operations to allow several hundred guests to invade his dealership, moves cars from the showroom, and relocates cars from his dealership parking lot to make room for guests.

From the very beginning, Tom Gill has stressed that the annual Blue Ribbon Ceremony be called just that, and not the Tom Gill event. "Child abuse is an issue that directly and indirectly impacts every person in our community," said Gill. "I hope those blue ribbons that we tie on the white fence in front of Tom Gill Chevrolet facing the interstate will remind the thousands of commuters driving by of the issue of child abuse and the role that we all must play to prevent it from happening to our children."

Tom Gill has taken his level of business and personal financial support to the next level by engaging his son, Phillip Gill into the Blue Ribbon Ceremony. Following in his father's philanthropic foot steps, Phillip proudly states his belief in Family Nurturing Center's mission to end the cycle of child abuse. "I was blessed to be raised by caring and loving parents, but not all children are this lucky," said Phillip Gill. "My father has taught me the importance of character and giving back to the community that we serve."

## PROGRAMS

**Child Abuse Treatment Services** – Specialized trauma-informed therapy for child victims of abuse: sexual, physical, domestic violence, emotional/neglect and other violent crimes. These free programs include individual and family counseling, social and healthy coping skills groups, and therapeutic groups for child sexual abuse victims.

**Community Education and Training** – Specialized fee-based training programs and seminars covering topics such as parenting, child development, child abuse recognition and reporting, impacts of abuse, the nurturing philosophy and more.

**Every Parent's Library** – A free parenting video lending service for expectant parents and parents with children ages birth to 2 years. Each video will provide parenting advice from the experts for developing parenting skills, ways to reduce stress and methods to improve your child's health.

**Kids on the Block** – Child abuse education and awareness program using life-size puppets in local elementary schools and community events. This free traveling puppet troupe gives children the tools they need to recognize, resist and report child abuse.

**Nurturing Parenting Programs** – Family-based parenting education programs proven to help families develop healthier, stronger relationships. A variety of curricula are available including programs for parenting of infants and toddlers, school age and adolescent children as well as the Nurturing Fathers Program. These free programs are provided in Boone, Campbell and Kenton counties.

**S.O.A.R.** (Survivors of Abuse Recovery) – Serving adults who have experienced childhood sexual abuse victimization. This weekly program is available to men and women.

**Stewards of Children** – Public education program designed to educate adults on how to prevent, recognize and respond responsibly to child sexual abuse. This free program is available to private and public agencies, schools, law enforcement, clergy and parents.

**Visitation** – Supervised visitation promotes healthy relationships between children and non-custodial parents. Our Facilitated Visitation programs occur in our Hamilton County location for families referred by Hamilton County Jobs and Family Services.

Most direct service programs are offered at donated sites across Greater Cincinnati. Strong community support, a dedicated staff and the spirit of volunteerism allow this agency to provide quality programs in a very cost-effective manner. Many Family Nurturing Center services are offered free of charge. Please call (859) 525-3200 for more information.



## STAFF

### ADMINISTRATIVE

Jane Herms, MSW, Executive Director  
Kathy DeLaura, Director of Donor Relations  
Ashley Jackson, Director of Finance  
Tracy Klink, Director of Marketing & Special Events  
Bobbie Webster, SHRM-SCP, Director of Human Resources/Operations  
Jessica Fletcher, Payroll Analyst  
Edie Furtado, Human Resources /Operations Assistant  
Nikki Koeninger, Receptionist/ Administrative Assistant

### EDUCATION & PREVENTION

Carol Lapin, MSSW, Director of Prevention Services  
Ashley Dunn, MSW  
Nurturing Parenting Coordinator  
Autumn Caldwell, Prevention Specialist, Kids on the Block  
Daniela Nenova, Kids on the Block Puppeteer

### PARENT ENRICHMENT SERVICES

Alisha Broughton, MSW, Clinical Supervisor  
Robin Mulcahy, Family Engagement Specialist  
Carley Storer, Clinical Specialist

### TREATMENT

Jill Gay, LISW-S, LCSW, Director of Treatment Services  
Kristie Kelly, LCSW, LISW, Child Abuse Treatment Services Coordinator  
Kim Fussinger, LPCA, Child Abuse Treatment Services Therapist  
Lori Daley, CSW, Child Abuse Treatment Services Therapist  
Carly Meier, BSW, Child Abuse Treatment Services Therapist  
Sarah Johnston, Child Abuse Treatment Services Case Manager

### VISITATION

Maggie Spring, LISW-S, Visitation Program Coordinator  
Lindsey Barnett, Facilitator  
Jessica Bellman, Facilitator  
Megan Bertram, Case Aide

Brittany Blevins, Facilitator  
Nicolette Bush, Facilitator  
Amanda Campbell, Facilitator  
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