



Trauma Responsive Counseling

Family Nurturing Center offers trauma responsive individual and group counseling services for adults who have experienced trauma. These services will support you in identifying the impact of trauma on your daily life and will empower you to develop healthy coping skills that will build resiliency and aid you in your healing journey.

In order to best meet your individualized needs, we will meet with you prior to starting individual or group services to gain an understanding of your expectations. Together we will determine which service will be the best fit in meeting your needs and goals.

“I’m doing this for myself and my family. I’m doing this for all past victims. No not victims, we are survivors. For all survivors past, present, and future. It (abuse) stops now!”

For additional information, please contact Sarah Johnston, Treatment Services Case Manager at 859-538-1616 or sarah.johnston@familynurture.org.

www.familynurture.org



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