

S.P.A.R.K.

Sparking Power and Resiliency in Kids

S.P.A.R.K. serves children ages 4-18 who have experienced trauma and their parents/caregivers. Children and caregivers participate in separate groups meetings with their peers for 8-10 sessions.

Children learn:

- ➔ To understand how trauma has affected them,
- ➔ To develop strategies to increase resiliency, and
- ➔ To empower one another to create healthy and safe futures.

Parents/caregivers receive tools:

- ➔ To learn trauma-responsive caregiving strategies,
- ➔ To learn how to support your child and create calm interactions, and
- ➔ To connect and receive support with other parents with similar experiences.

**New Group Starting
10/5/26**

**Mondays, 6:30-8:00 pm
10/5/26-11/23/26
Family Nurturing Center
5 Spiral Drive, Suite 100
Florence, KY 41042**

For additional information, please contact
Alisha Broughton at 859-538-1616 or alisha.broughton@familynurture.org

**To learn more about Family Nurturing Center,
please visit www.familynurture.org**

Family Nurturing Center is supported in part by funds from Grant Number VOCA-2026-FamilyN-00094 awarded through the Kentucky Justice & Public Safety Cabinet (KJPSC). The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of Family Nurturing Center and do not necessarily reflect the view of KJPSC.

This project was paid for with funds from the Kentucky Opioid Abatement Advisory Commission by and through the Office of the Attorney General, Grant Number Family Nur-26/27-Trea-KYOAC-98. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Kentucky Opioid Abatement Advisory Commission or the Office of the Attorney General.

