

This workshop for families is all about having fun! We will also learn ways to calm energy levels in your home and during family outings.

We'll explore emotions, calming, and routine while we play a little, craft a little, and relax a little, too!



Calming the Chaos

FUN TODAY TO ENHANCE FUN TOMORROW

Saturdays, 10:00-11:00 AM | 5 Spiral Dr. Ste 100, Florence, KY 41042
May 21st and June 4th



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