



# LIFTING OUR COMMUNITY



Family Nurturing Center





## WE STRIVE TO END THE CYCLE OF CHILD ABUSE

2021 | 2022

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## FROM THE PRESIDENT'S DESK

## WE STRIVE TO CREATE A NURTURING ENVIRONMENT FOR ALL FAMILIES.

Dear friends,

At Family Nurturing Center we strive to end the cycle of child abuse every day. But our mission is bigger than ending abuse — it's also about promoting positive relationships, reinforcing resilience, strengthening skills and creating communities that care. We strive to create a better future, where children are safe, families are thriving and communities are nurturing.

The information in this report provides just a glimpse of that vision and our work to lift children, families and ultimately community, to create a more nurturing world. Thanks to your generosity, we reached more than 10,000 individuals in FY22 through a range of free education, prevention and counseling services. We raised awareness, increased skills, and facilitated healing to lift people up and provide hope for the future.

**Thank you for your partnership — together we can lift each other up and create a world free of abuse and full of promise.**

Sincerely,

*Beth Welter*

**Beth Welter**

Board President

*Jane Herms*

**Jane Herms**

President & CEO



## FINANCIALS

### WE STRIVE



TO BE GOOD STEWARDS  
OF OUR RESOURCES AND  
MAXIMIZE SUPPORT TO  
CHILDREN AND FAMILIES

## WHO WE ARE

### WE STRIVE



TO CREATE A NURTURING  
ENVIRONMENT FOR ALL  
FAMILIES.

### MISSION

Ending the cycle of child  
abuse by promoting  
individual well-being  
and healthy family  
relationships



### STATEMENT OF ACTIVITIES

for the Fiscal Year Ending June 30, 2021

### REVENUE AND SUPPORT

Government Grants	\$3,411,008
Contributions	\$422,340
Training Revenue	\$148,717
United Way	\$160,964
Special Events, Net	\$93,031
In-Kind Contributions	\$30,076
Other	\$1,696
<b>Total Revenues, Gains, and Other Support</b>	<b>\$4,267,832</b>

### EXPENSES

<b>Program Services</b>	
Direct Services Individuals & Families	\$3,086,937
Community Education	\$152,466
Training	\$122,989
<b>Total Program Services</b>	<b>\$3,362,392</b>
<b>Supporting Services</b>	
Management and General	\$332,831
Development	\$260,653
<b>Total Expenses</b>	<b>\$3,955,876</b>
<b>Change in Net Assets</b>	<b>\$311,956</b>
Net Assets Beginning of Year	\$486,834
Net Assets End of Year	\$798,790

## PROGRAM OUTCOMES

WE STRIVE

TO TREAT PEOPLE THE WAY  
THEY WOULD LIKE TO BE TREATED,  
WITH HONESTY, DIGNITY AND EMPATHY.

### LIVES HEALED

#### COUNSELING SERVICES

Hope and healing for children adults who have experienced childhood abuse. Using proven and effective trauma counseling models, the service supports a holistic family centered approach to healing all ages from children through adults.

OUTCOMES

- Served 406 children and adults through therapeutic services and provided 3,674 individual counseling sessions
- 89% of children completing individual counseling decreased their trauma symptoms
- 88% of children completing services improved their coping skills

### CHILDREN EDUCATED

#### KIDS ON THE BLOCK

Gives children and teachers the tools they need to recognize and report child abuse and bullying. Using life-size puppets, the program educates children about different types of child abuse, strategies to make schools safer and how to talk to their safe, trusted adults.

OUTCOMES

- Educated 7,573 children and 617 adults through 103 performances
- 98% of adults viewing the performance found the program helpful to children
- 90% of children increased or maintained their awareness of child abuse and bullying





WE STRIVE

TO BE A BEACON OF HOPE  
TO OUR COMMUNITY.



### ADULTS ACT STEWARDS OF CHILDREN

Evidence-based curriculum training designed to educate adults on ways to prevent, recognize and respond responsibly to child sexual abuse.

OUTCOMES

- Provided training to 439 adults
- 77% of participants understand more about agencies and organizations that can support victims and their families
- 93% of participants planned to talk to another adult about tools to prevent child sexual abuse

### CAPACITY INCREASED

#### PROFESSIONAL TRAINING

Provides training and consultation for other professionals to share knowledge, increase skills, and support the replication of services in other settings.

OUTCOMES

- Trained 362 professionals in evidence-based curricula
- Provided 5,155 hours of training to professionals across the U.S. and Canada

### FAMILIES COMMUNICATE

#### NURTURING PARENTING PROGRAM AND PARENTING ENRICHMENT SERVICES

Teaches parents to adapt their attitudes, beliefs, and behaviors about parenting. Programs use family-based curricula that are proven to reduce child abuse and neglect, and improve healthy family function.

OUTCOMES

- 377 children and adults participated in parenting groups or individual parent coaching. 6,446 hours of service
- 83% of parents reported an increase in ability to support their child's development milestones
- 81% of parents showed a reduction in risk for abuse, neglect, and exploitation

### RELATIONSHIPS RENEWED

#### PARENTING TIME VISITATION

Creating safe interactions between children and their parents or other caregivers.

OUTCOMES

- Provided 10,622 facilitated visitations bringing together 708 children and parents/caregivers
- 77% of active participants demonstrated progress in one or more parenting areas

## MOTIVATION

**WE STRIVE TO BE A PLACE WHERE FAMILIES FEEL SAFE.**

Jenny\* and her children found some very special things at Family Nurturing Center:

healing, hope, safety, strength.

Their journey took them from a place of fear and worry to a warm nurturing environment and hope for the future.

"Family Nurturing Center is the only place where I feel safe", Jenny said. "It's a place I know my kids and myself can come to where we are treated with kindness and respect and everyone is here to support us."

Jenny and her children came to Family Nurturing Center after experiencing unspeakable trauma that left them feeling confused, afraid and uncertain. They turned to Family Nurturing Center in search of support, healing and a desire to move forward.

Family Nurturing Center staff provided a place and space for Jenny and her children to deal with the trauma that brought them here. Trained therapists helped them learn to identify and express their feelings, learn new skills and build resiliency. With the support of specialized staff, evidence-based interventions and a trauma-informed environment, Jenny and her children are learning to heal together.

Through counseling, parenting and holistic activities, their growth as a family unit has been truly remarkable. Jenny says, "We're in a much better place now even though we still have room to grow. Family Nurturing Center helped us find a brighter future, and now I get to watch my kids grow up and thrive."

\*Name changed to protect confidentiality



## SUPPORTERS

**WE STRIVE TO PARTNER WITH PARTICIPANTS TO SUPPORT THEIR HEALING.**

**Our supporters from July 1, 2021 – June 30, 2022**

We thank our generous supporters whose gifts allow us to continue to provide important programs and services for children, adults and families.

### MAJOR PROGRAM SUPPORT RECEIVED FROM

Boone County Fiscal Court	Campbell County Fiscal Court
Child Victims' Trust Fund (CVTF)	Kosair Charities - Face It
Hamilton County Job and Family Services	Kenton County Fiscal Court
Kentucky Justice Cabinet	Prevent Child Abuse Kentucky
United Way of Greater Cincinnati	

### \$50,000 AND UP

1 in 4 Foundation	Charles H. Dater Foundation, Inc.
Deaconess Associations Foundation	Horizon Community Funds of Northern Kentucky

### \$25,000 - \$49,999

Junior League of Cincinnati Inc.	Kosair Charities - Face It
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### \$10,000 - \$24,999

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### \$5,000 - \$9,999

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Family  
Nurturing  
Center

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