



2024

IMPACT REPORT

*Safe children
Thriving families
Nurturing communities*



Dear Friends and Supporters,

Reflecting on the past year at Family Nurturing Center, we are immensely grateful for our community's dedication and support. Our mission to end the cycle of child abuse and our vision of safe children, thriving families, and nurturing communities have guided us through a year of remarkable progress and profound impact.

This year, we served nearly 10,000 individuals across our offices in Kentucky and Ohio. Our free, evidence-based programs have delivered tangible improvements in the lives of those we serve, helping them heal, thrive, and build brighter futures. This report details some of the outcomes our programs measure—the demonstrated progress and life-changing impact of our work.

But these outcomes are more than just numbers; they represent lives transformed, futures brightened, and communities strengthened. We have witnessed firsthand the ripple effects of our work as children and families overcome adversity and build healthier, more resilient lives.

Our accomplishments this year are a testament to the power of community. None of this would have been possible without your support. The generosity of our donors, our staff's dedication, our volunteers' commitment, and the trust of the families we serve have made a significant difference. Together, we will continue to transform lives.

Thank you for being an essential part of our journey. Together, we've changed lives, but even more is needed. Your continued support and engagement are vital as we move forward, working to create a future filled with hope and promise for children, families, and our community. Let's work hand in hand to create a world where every child is safe, every family is thriving, and every community is nurturing.

With gratitude and hope,



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President/CEO



Todd Belden
Chairman, Board of Directors



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Collaboration: Building Stronger Families Together

At Family Nurturing Center, collaboration with community partners is at the heart of our mission to create a stronger, more supportive network for families. We recognize that healing and growth don't happen in isolation. We ensure that the families we serve receive comprehensive care by working hand-in-hand with local organizations, healthcare providers, schools, faith-based centers, and businesses.

These partnerships enable us to expand our reach, offer a broader range of services, and leverage collective expertise to address complex challenges like trauma, substance use, and child abuse prevention. Through collaboration, FNC fosters a united community where families can access the resources and support needed to thrive. Together, we are helping individuals heal and building a resilient, interconnected community where lasting positive change can take root.

FY24 Partnerships Highlights



Northern Kentucky
CHILDREN'S ADVOCACY CENTER

Our collaboration with NKY Children's Advocacy Center places a specialized trauma therapist on-site, providing immediate access to trauma therapy and screenings during forensic medical exams. This partnership reduces wait times and ensures children and caregivers involved in criminal investigations receive timely and compassionate care. By addressing trauma in a sensitive setting, we help mitigate its long-term impact on young victims and their families.



learning grove

Supported by Interact for Health, our partnership with Learning Grove integrates wellness services into early childhood care. An Early Intervention Specialist stationed at two Learning Grove locations teaches vital regulation skills and provides early intervention for at-risk children. This effort supports the emotional well-being of young children, teachers, and parents, laying the groundwork for healthier futures and stronger communities.



BRIGHTON CENTER
A COMMUNITY OF SUPPORT

Through our partnership with Brighton Center and The Department of Community Based Services, we support a Family Well-Being Collaborator who plays a pivotal role in transforming the child welfare system into a family well-being model. This position offers targeted parenting support to families before they face crises, preventing children from entering the system and fostering healthier, more resilient families.



Celebrating Junior League of Cincinnati

We are deeply grateful for our incredible three-year partnership with the Junior League of Cincinnati, which concluded in 2024. Their unwavering support has transformed our ability to serve families. Their generosity has touched every aspect of our work, from funding vital software that enhances client care to creating warm, welcoming spaces with new furniture. Thank you, Junior League, for your compassionate commitment to making a difference in our community.

"If you want to go fast, go alone; if you want to go far, go together."
— African Proverb

Program Highlights

Counseling Services

Our Counseling Services provide comprehensive, trauma-informed therapy to children and families affected by abuse and neglect. Utilizing evidence-based practices such as Combined Parent-Child Cognitive Behavior Therapy, Trauma Focused Cognitive Behavior Therapy, and Child-Parent Psychotherapy, our skilled clinical staff supports healing and resilience in a safe, nurturing environment.



"I came into this a broken, scared, traumatized person. I'm leaving a more healed, capable person who falls in love with life more and more each day. IF I CAN DO IT, YOU CAN DO IT!!! You will do lots of hard work. My advice? Lean into the discomfort. Face the trauma and the rewards; it is a life worth living. I promise there's a different way to be in the world. Be brave, and you'll find it."

- Adult Participant, Counseling Services



We extend a heartfelt shout out to Kosair for Kids and St. Timothy Outreach Fund for their generous funding to create a Sensory Room and Lending Library for our families. Sensory items play a crucial role in healing trauma by providing calming and therapeutic experiences that help children regulate their emotions, reduce anxiety, and build coping skills. These resources will make a significant difference in the lives of the families we serve, offering them tools to use both in our facility and at home. Thank you for your incredible support!

516
participants served.

86%
of children who completed group counseling reported a reduction in trauma symptoms.

81%
of children reported overall improvement in functioning across home, school, and social environments after trauma therapy.

Program Highlights

Holistic & Wellness Services

Holistic support and wellness activities provide an integrated approach to healing, and offer innovative ways to reduce stress, build resiliency and support well-being. Family Nurturing Center is proud to offer our Wellness classes free of charge through generous funding from valued partners.

240

holistic services delivered.

Weekly classes offered at a variety of locations.

In person and virtual options provided.

"My takeaways are to just breathe, be present, be kind to yourself, find ways to calm yourself, and speak positivity- the [lovingkindness] meditation from the last day, it's been on repeat since I learned it!"
- Adult Participant, Holistic & Wellness

Program Highlights

Parenting Time Visitation Services

Our Parenting Time Visitation Services provide a safe and structured environment for children to maintain relationships with non-custodial parents. Structured family time is facilitated by trained staff to ensure the safety and well-being of all participants, supporting positive parent-child interactions and addressing the trauma of separation.

"This center makes me feel human, equal, valued, and unscathed by a scarlet letter. RARE to have consistent customer service from each employee in this world! I trust staff because they have ALL children's best interest at their core. I can apply principles for success I've learned here to other interactions. I actively promote this center and teach others how to nudge their children your direction."

- Parent Participant, Visitation Services



728 individuals served.

10,502 visits occurred with trained staff.

76% of active participants showed improvement in one or more assessment areas.

97% of parents would recommend Family Nurturing Center to others.

Program Highlights

Parenting Services

Our Parenting Services offer a variety of programs aimed at strengthening families and promoting positive parenting skills. We offer educational programs, support groups, and individualized coaching to help parents navigate the challenges of parenting and build strong, nurturing relationships with their children.



"This class didn't just teach me parenting skills—it helped me heal from my childhood trauma. I'm a better parent because of it."
This program has become a vital resource for families looking to break generational trauma cycles, providing parenting techniques, emotional healing, and resilience-building."
- Participant, Parenting Services

"This place really does care to help people where they need it and a lot of people would benefit from this place with the amazing staff that is here."
- Participant, Parenting Services



382
individuals served.

84%
of parents reported increased protective factors to support their children's resiliency.

80%
of parents who were pre- and post-tested showed a reduction in the risk for child abuse and neglect.

81
Families served.

80%
holistic & wellness of parents improved positive parenting skillsets sessions.

83%
of parents improved their understanding of family roles for more stable relationships.

Program Highlights

Prevention Services

Family Nurturing Center provides a variety of primary prevention services for children and adults, focusing on recognizing, preventing, and reporting abuse, supporting families, and fostering safe and supportive environments. These services empower individuals with the skills and knowledge needed to build strong, nurturing family dynamics, contributing to the overall well-being of the community. Child-based programs such as Kids on the Block and Teen Safety Matters use engaging, age-appropriate methods to educate children and teens about personal safety, bullying prevention, and healthy relationships. For adults, programs like Stewards of Children and Support Over Silence for Kids equip them to support children and families actively and play a vital role in protecting children.

7,086

individuals served through school based prevention services

512

adults served through Stewards of Children trainings.

80%

committed to limiting one-on-one adult/child situations.

"The Five Safety Rules are easy to remember. The lessons were interesting and engaging! The content was tailored to the grade level and presented to them in a way that wasn't scary and wouldn't make the students feel overwhelmed or worried."

- 6th grade teacher

"I definitely feel more confident in ensuring that I can keep children safe and will report any suspected abuse of children that I work with."

- SOC Participant

Stewards of Children (SOC)

Stewards of Children is a FREE service that empowers adults to prevent, recognize, and respond to child sexual abuse. Through this evidence-based curriculum, participants learn effective strategies to protect children and create safer communities. Join these local community partners who hosted a program in FY24, and schedule a presentation in your workplace.



Program Highlights

Prevention Services

Kids on the Block

Using life-sized puppets, this program equips children from pre-K through fifth grade—and their teachers—with tools to recognize and report child abuse and bullying. In the past year, Kids on the Block was presented in public, private, and preschool classrooms across Boone, Campbell, Grant, and Kenton counties, emphasizing the importance of identifying signs of abuse and bullying both at home and at school.

90%

of children tested increased their knowledge of child abuse prevention and school safety.



*This is the best performance I've seen.
They did great!"*
- Kindergarten teacher

*"Responsive to all students questions,
and the program was age appropriate
for the students and gave them tips
to address bullying."*
- 5th grade teacher

*"Gave good examples of what bully was
and was not, and how to stop bullying."*
- 2nd grade teacher

*"The Family Nurturing Center worked
diligently with us to modify their
programs to the needs of our students
with the most significant disabilities...
The programs are excellent and our
students benefited from the high quality
information provided."*
- Director of Special Education



**CHARLES H. DATER
FOUNDATION**

Enriching Young Lives

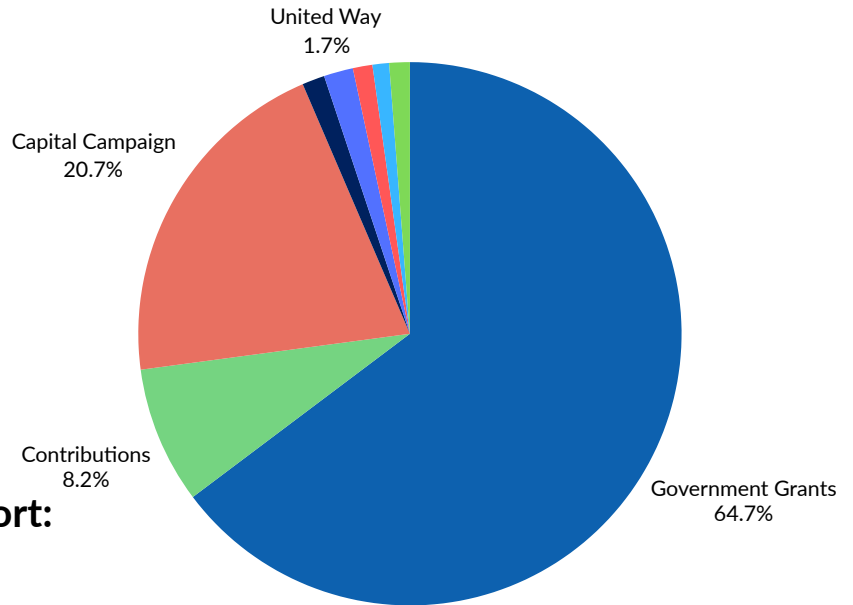
Special Thanks to the Charles H. Dater
Foundation for supporting
Kids on the Block!



Financial Overview

Revenue and Support:

Government Grants: \$3,710,914
Contributions: \$467,253
Capital Campaign: \$1,184,063
Training Revenue: \$76,787
United Way: \$100,000
Special Events (Net): \$66,752
In-Kind Contributions: \$56,544
Other: \$70,047



Total Revenue, Gains, and Other Support:
\$5,732,360

Expenses:

Program Services:

Direct Services for Individuals & Families: \$4,086,292
Community Education: \$147,254
Training: \$58,526

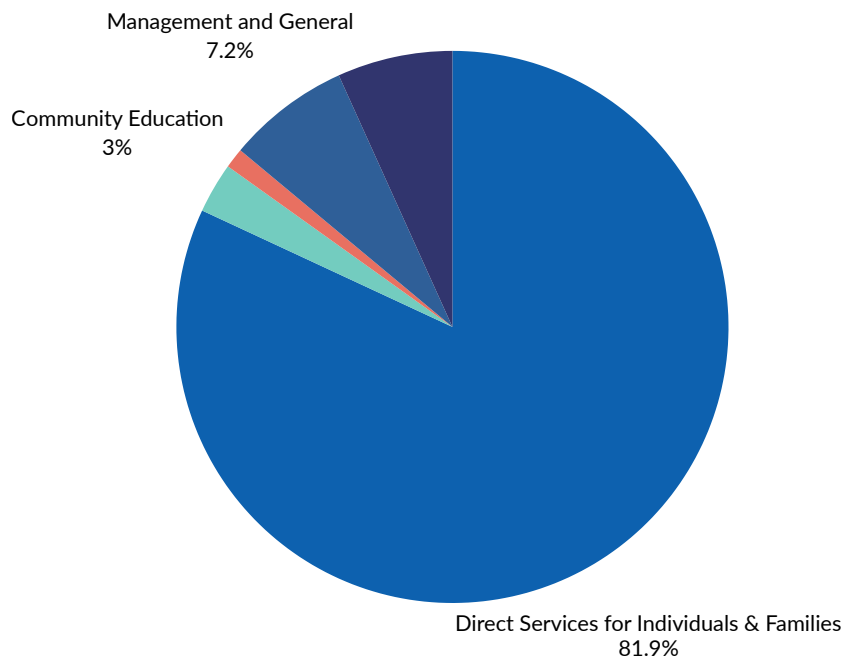
Total Program Services: \$4,292,072

Supporting Services:

Management and General: \$358,726
Development: \$336,880

Total Supporting Services: \$695,606

Total Expenses: \$4,987,678



Change in Net Assets:

Increase in Net Assets: \$744,682
Net Assets at Beginning of Year: \$1,307,859
Net Assets at End of Year: \$2,052,541

Donor and Partner Recognition

We are incredibly grateful for the support of our donors, sponsors, and partners. Your generosity enables us to provide free, life-changing services to children and families.

\$50,000 and up:

Anonymous
The Carol Ann and Ralph V.
Haile, Jr. Foundation
The R.C. Durr Foundation, Inc.

\$25,000-\$49,000:

Charles H. Dater Foundation, Inc.
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Junior League of Cincinnati Inc.

\$10,000-\$24,999:

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\$2,500-\$4,999:

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Jen Taylor
Cara Trageiler
Truist
Kelly Twehues
Chuck and Pam Venable
Jamie Wagner

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Sidney White
Randy and Michelle
Willoughby
Pascal Windeies
Angela Wolfe
Andrea Zapata
Melissa Ziegelmeyer

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Carla Bartels
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Katelyn Beatrice
Mike Berkel
John Bernert
Shoshana Bosley
Lisa Brann
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Jill Brummett
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Warren Mansfield
Bradford McClain
Nancy McGinley

Donor and Partner Recognition

We are incredibly grateful for the support of our donors, sponsors, and partners. Your generosity enables us to provide free, life-changing services to children and families.

Nicole Murone
JoAnn Nassano
Mark Nieman
Jamie Noel
Kendyl Nolan
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Jason Owens
Gayle Parnell
Zuzana Parrette
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Michael Peterson
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Serah Wiedenhofer
Zach Williams
Amy Wright
Lindsey Wright
Lynn Young

MAJOR SOURCES OF FUNDING

- American Rescue Plan Act
- Fiscal Court of Boone County
- Fiscal Court of Campbell County
- Fiscal Court of Kenton County
- Hamilton County Job & Family Services
- KOSAIR For Kids
- Prevent Child Abuse Kentucky
- United Way of Greater Cincinnati
- Victim of Crimes Act

Thanks to every individual and organization whose generosity furthered our mission

Thanks to the generosity of our donors, we are able to offer free services to those in need. Whether it's \$25 or \$25,000, every gift makes a meaningful impact. Each donation directly supports the nearly 10,000 individuals we serve annually—helping us educate parents, provide vital prevention and education services, and support children and adults who have experienced trauma. Your support makes a difference!

Thank you to our 2024 Prom For a Purpose Sponsors!



This year has been one of tremendous growth, resilience, and impact. With your help, we were able to serve **9,383 individuals** through trauma-informed counseling, parent education programs, holistic wellness initiatives, and child abuse prevention efforts.

Your generosity allowed us to expand our programs, hire additional staff, and reach more families in crisis. Together, we have helped children recover from trauma, empowered parents to break cycles of abuse, and provided safe spaces for healing and growth.



Donations can be made by scanning the QR code or by visiting <https://familynurture.org/donate>



Mission

To end the cycle of child abuse by promoting individual well-being and healthy family relationships.

Vision

*Safe Children,
Thriving Families,
Nurturing Communities*

Locations

5 Spiral Drive, Suite 100
Florence, KY 41042

7162 Reading Road
Cincinnati, OH 45237

859-535-3200

info@familynurture.org
familynurture.org



Our Core Values

Our core values are at the heart of who we are as an organization. These words, behaviors and characteristics serve as our north star. They guide us in our interactions and relationships with participants, teammates and the public. They ensure that our first priority is to advance the mission of Family Nurturing Center.



Trauma Informed

Considering 'what has happened to you' and 'what did you do to survive' rather than 'what's wrong with you' in order to be our participants' most effective partner in healing and to support our colleagues through that process.



Courage

Doing what is right over what is easy and demonstrating this with participants and one another.



Kindness

Treating people the way you would like to be treated, with honesty, dignity and empathy.



Equity

Having fair systems, processes and procedures in place to ensure that employees and participants have what they need to be successful and to thrive.



Professionalism

Adhering to the highest of ethical standards for our industry and treating others with kindness and respect.



Excellence

Achieving the best outcomes with the most talented people.